### Your School Lunch 4th Nov, 25th Nov, 16th Dec, 20th Jan, 10th Feb, 10th March, 31st March, 5th May WEEK ONE MONDAY TUESDAY **WEDNESDAY** THURSDAY FRIDAY Roast Loin of Pork Margherita Pizza Chicken, Spinach & Flipper Dippers (DF, EF) Traditional Cottage Pie (*GF, DF, EF*) Vegetarian Quorn Roast (Cheese & Tomato) (V, EF) Veggie Fajitas (VG) Tomato Pasta (EF, DF) Veggie Sausage Roll (V, EF (GF, EF) Veggie Cottage Pie Fruity Vegetable Curry & Oven Baked Jacket Potato (GF, EF) with Oven Baked Jacket Potato Baked Beans (VG. GF) Cheddar Cheese & Bap (EF, DF) with Cheese & Coleslaw Lettuce Wrap (EF) Beans (VG, GF) (V, GF, EF) Chips or Pasta Broccoli & Peas & Baked Beans **Roast Potatoes & Yorkshire** Sweetcorn & Sweetcorn Vegetable Medley Pudding with Gravy **Baked Beans** & Green Beans Strawberrv

Chocolate Shortbread (V, DF, EF) with Melon

Strawberry Jelly (V. GF. DF. EF) with Peaches

Savoy Cabbage & Carrots Cinnamon Cookie (V. DF, EF)

Vanilla Sponge Cake

Ice Cream (V, GF, EF)

### WEEK TWO 11th Nov, 2nd Dec, 6th Jan, 27th Jan, 24th Feb, 17th March, 21st April, 12th May

### MONDAY

Margherita Pizza (Cheese & Tomato) (V, EF Five Bean Chilli with Rice (VG, GF) Oven Baked Jacket Potato Baked Beans (VG, GF)

Peas & Baked Beans

Lemon Drizzle Cake

Veggie Sausage (VG)

Mashed Potatoes, Curly Cabbage & Vegetable

# TUESDAY

Pork Sausages (EF)

Medley

**Melting Moment** (V, DF, EF) with Pineapple

# WEDNESDAY Roast Chicken Breast (GF. DF. EF) Vegetarian Quorn Roast

with Cheese & Coleslaw

Yorkshire Pudding, Roast Potatoes & Gravy Carrots & Cauliflower

Rice Crispy Cake (V, DF, EF)

# THURSDAY

Mac 'n' Cheese (V. EF) Pizza Pinwheel Tuna & Cucumber Bap

Peas & Green Beans

(V. EF. DF) with an Orange Wedge

## FRIDAY

Flipper Dippers (DF, EF) Veggie Samosa's (VG) Oven Baked Jacket Potato with Cheese (V. GF. EF) or Baked Beans (VG. GF)

French Fries or Pasta Baked Beans or Sweetcorn

Ginger biscuit (V, EF, DF) & Raisins

**WEEK THREE** 18th Nov, 9th Dec, 13th Jan, 3rd Feb, 3rd March, 24th March, 28th April, 19th May

#### MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Margherita Pizza (Cheese Meatballs in a Rich Roast British Gammon Oriental Chicken Battered Fish (DF, EF) (GF, DF, EF) & Tomato) (EF, V) Tomato Sauce (GF, DF, EF) Noodles (DF) Crispy Quorn Dippers (VG) Vegetarian Quorn Roast Veggie Nugget Wrap Veggie Meatballs in a Rustic Tomato Pasta Bake (V, GF) (DF, EF) (EF, DF) with Cheese (V. GF. EF) or Rich Tomato Sauce (VG) Baked Beans (VG, GF) Oven Baked Jacket Potato with Cheese & Coleslaw with Cheese (V, GF, EF) or Cucumber Bap (EF) Pasta Salad (EF. DF) (V. GF. EF) Chips or Pasta Broccoli Yorkshire Pudding, Roast Peas & Baked Beans Fluffy Rice, Carrots Sweetcorn & Baked Beans & Sweetcorn Potatoes & Gravy & Peas Sultana & Syrup Cauliflower & Green Beans **Rocket Lolly** Chocolate Sponge (V) Cranberry & Oat Biscuit (VG, GF) Cookie (V. EF) (V, EF)

Available daily - Natural yogurt, fresh fruit, fresh bread, salad bar and lots of fresh water!

Allergy advice - all our food is prepared in a kitchen where nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. Any fish we serve will vary depending on availability. We only select fish from sustainable sources.



with Pears

Iced Sprinkle Cake (V, DF)