



Brookside Primary School

Learning for Life

Newsletter Autumn Term Issue 5

www.brookside.oxon.sch.uk

8th November 2024

Dear Parents/Carers,

We hope you had a good half term and enjoyed the week off. This term is always an exciting one at Brookside, as Christmas fast approaches. It will not be long before the children start to learn their lines and songs for the Christmas productions that will be performed in December. Dates for all of the Christmas events are at the bottom of this newsletter.

Children in Need

On Friday 15th November, children are invited to come into school in non-uniform, wearing something spotty or yellow in support of Children in Need. We would be grateful if children can donate £1 to show their support for this important charity, with all funds raised being donated to BBC Children in Need.



We are also hosting a house competition, where children are asked to design a t-shirt for the event with the theme be 'SPOTacular!' Children are invited to complete their t-shirt designs on the templates provided and return by 9am on Friday 15th November, for a chance to be judged one of our winning designs for their key stage. Please ensure your child includes their full name, class and house team on their design. We look forward to seeing your colourful, spotty outfits and creative designs!

Building Work

As you will have seen, the work has started on the replacement of the flat roofs, guttering and fascia boards on the single storey buildings at Brookside. Ashe, the contractor, have worked hard to ensure the site is still accessible and safe for everyone. If you have any concerns then please let us know and we can inform the foreman. The work is scheduled to last approximately 16 weeks.

FoBS

The **FoBS Halloween Disco** raised an amazing £772.96. A big thank you to all members of FoBS, volunteers and teachers for their hard work at the disco; the children had a great time.

Our **FoBS Wreath Making Workshop** on 5th and 6th December is officially sold out!

We are busy planning our **FoBS Xmas Bazaar** taking place on Wednesday 18th December 3.15-5pm (followed by the KS2 Carol Concert) and look forward to sharing updates about Santa's Grotto, another prize packed Raffle, external stalls booked and all the fun and games to be had via social media over the coming weeks.

If you would like to volunteer to help with any of these events, please contact us via chairoffobs@gmail.com or DM us via our social media platform. All are welcome and any amount of time appreciated!

FoBS Christmas Cards—It's that time of year! Your child should have brought home yesterday afternoon an order form for their Christmas Card design. Orders can be made online for cards and other items such as mugs with your child's design on. Please see the form for full details.

A contribution is made to the school from all orders made. In previous years we have made over £100 pounds from this fundraiser.

IMPORTANT : There is an 15th November deadline for orders to be sent back to school free of charge. You need to enter the discount code SD-03447 for free delivery up until this date. Any order made after this date can be delivered to your home for a charge but may be subject to delay depending on the postal service.

School Meals

A new menu started this week and a copy is at the end of this newsletter and also on our website.

Advanced warning that the price of school meals will be going up to £2.90 in January 2025.

NHS Mental Health Support Team – Wednesday 13th November at 2.30pm In Brookside School's community room – please come to the school office

The NHS Mental Health Support Team (MHST) are hosting a parent coffee afternoon at Brookside. Come along to find out who they are and what they can support with. They are planning to run a themed coffee morning/afternoon each term at Brookside so come along with ideas for topics you would like support with. There will be at least two mental health practitioners in the community room at this time to provide guidance and support to parents.

The MHST team will be running more parent workshops throughout the academic year following the initial coffee afternoon following the feedback from parents.

Anxiety in Children – Charlie Waller Foundation – Thursday 14th November 7pm – 8.30pm

If your child has experienced high levels of anxiety, it can be worrying for you as a parent or carer. This session will look at anxiety and its impact. You will be provided with practical ideas for your child – and you – to deal with this common but distressing experience. Teachers and teaching assistants completed training with the Charlie Waller Foundation during the INSET day on Monday. This parents' session will be on Microsoft Teams

Need help? [Join the meeting now](#) Meeting ID: 385 369 987 456 Passcode: gPbdbl

Online Parenting Courses – Family Lives

We have been passed the details of an updated website with a series of online parenting courses to make parenting a little easier.

<https://www.familylives.org.uk/how-we-can-help/online-parenting-courses>

Diary Dates

KS1 Christmas Production—Tuesday 10th December 1:30 p.m. and Wednesday 11th December 1:30 p.m.
EYFS Christmas Production—Wednesday 11th December 9:30 a.m. and Thursday 12th December 9:30 a.m.
FoBS Christmas Bazaar (3:15 p.m.) and KS2 Carol Concert (5:00 p.m.)—Wednesday 18th December
End of Term—Friday 20th December

Best wishes,

Mr Cornell and the staff of Brookside

Your School Lunch

Let's Eat
• TOGETHER •

WEEK ONE 4th Nov, 25th Nov, 16th Dec, 20th Jan, 10th Feb, 10th March, 31st March, 5th May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) (V, EF) Veggie Fajitas (VG) Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF) Sweetcorn & Baked Beans Chocolate Shortbread (V, DF, EF) with Melon	Traditional Cottage Pie (GF, EF) Veggie Cottage Pie (GF, EF) Tuna & Sweetcorn Bap (EF, DF) Broccoli & Vegetable Medley Strawberry Jelly (V, GF, DF, EF) with Peaches	Roast Loin of Pork (GF, DF, EF) Vegetarian Quorn Roast (V, GF) Oven Baked Jacket Potato with Cheese & Coleslaw (V, GF, EF) Roast Potatoes & Yorkshire Pudding with Gravy Savoy Cabbage & Carrots Cinnamon Cookie (V, DF, EF)	Chicken, Spinach & Tomato Pasta (EF, DF) Fruity Vegetable Curry & Rice (VG, GF) Cheddar Cheese & Lettuce Wrap (EF) Sweetcorn & Green Beans Vanilla Sponge Cake (V, DF)	Flipper Dippers (DF, EF) Veggie Sausage Roll (V, EF) Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF) Chips or Pasta Peas & Baked Beans Strawberry Ice Cream (V, GF, EF)

WEEK TWO 11th Nov, 2nd Dec, 6th Jan, 27th Jan, 24th Feb, 17th March, 21st April, 12th May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) (V, EF) Five Bean Chilli with Rice (VG, GF) Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF) Peas & Baked Beans Lemon Drizzle Cake (V, DF)	Pork Sausages (EF) Veggie Sausage (VG) Ham Bag (V, DF) Mashed Potatoes, Curly Cabbage & Vegetable Medley Melting Moment (V, DF, EF) with Pineapple	Roast Chicken Breast (GF, DF, EF) Vegetarian Quorn Roast (V, GF) Oven Baked Jacket Potato with Cheese & Coleslaw (V, GF, EF) Yorkshire Pudding, Roast Potatoes & Gravy Carrots & Cauliflower Rice Crispy Cake (V, DF, EF)	Mac 'n' Cheese (V, EF) Pizza Pinwheel & New Potatoes (V, EF) Tuna & Cucumber Bap (EF, DF) Peas & Green Beans Shortbread (V, EF, DF) with an Orange Wedge	Flipper Dippers (DF, EF) Veggie Samosa's (VG) Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF) French Fries or Pasta Baked Beans or Sweetcorn Ginger biscuit (V, EF, DF) & Raisins

WEEK THREE 18th Nov, 9th Dec, 13th Jan, 3rd Feb, 3rd March, 24th March, 28th April, 19th May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) (EF, V) Veggie Nugget Wrap (DF, EF) Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF) Sweetcorn & Baked Beans Sultana & Syrup Cookie (V, EF)	Meatballs in a Rich Tomato Sauce (GF, DF, EF) Veggie Meatballs in a Rich Tomato Sauce (VG) Salmon & Cucumber Pasta Salad (EF, DF) Fluffy Rice, Carrots & Peas Cranberry & Oat Biscuit (V, EF)	Roast British Gammon (GF, DF, EF) Vegetarian Quorn Roast (V, GF) Oven Baked Jacket Potato with Cheese & Coleslaw (V, GF, EF) Yorkshire Pudding, Roast Potatoes & Gravy Cauliflower & Green Beans Iced Sprinkle Cake (V, DF)	Oriental Chicken Noodles (DF) Rustic Tomato Pasta Bake (EF, DF) Cheddar Cheese & Cucumber Bap (EF) Broccoli & Sweetcorn Chocolate Sponge (V) with Pears	Battered Fish (DF, EF) Crispy Quorn Dippers (VG) Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF) Chips or Pasta Peas & Baked Beans Rocket Lolly (VG, GF)

Available daily – Natural yogurt, fresh fruit, fresh bread, salad bar and lots of fresh water!

Allergy advice - all our food is prepared in a kitchen where nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. Any fish we serve will vary depending on availability.

We only select fish from sustainable sources.

Suitable for vegetarians or vegetarian option available.

Our fish and chicken dishes may contain bones.

VEG: VEGETARIAN
VG: VEGAN


EF: EGG FREE
DF: DAIRY FREE
GF: GLUTEN FREE




OXFORDSHIRE
COUNTY COUNCIL

**Brookside Primary School Term and holiday dates
2024 - 2025**

	Sep-24					Oct-24					Nov-24					
Monday		2	9	16	23	30		7	14	21	28		4	11	18	25
Tuesday		3	10	17	24	1	8	15	22	29		5	12	19	26	
Wednesday		4	11	18	25	2	9	16	23	30		6	13	20	27	
Thursday		5	12	19	26	3	10	17	24	31		7	14	21	28	
Friday		6	13	20	27	4	11	18	25		1	8	15	22	29	
Saturday		7	14	21	28	5	12	19	26		2	9	16	23	30	
Sunday	1	8	15	22	29	6	13	20	27		3	10	17	24		
	Dec-24					Jan-25					Feb-25					
Monday		2	9	16	23	30		6	13	20	27		3	10	17	24
Tuesday		3	10	17	24	31		7	14	21	28		4	11	18	25
Wednesday		4	11	18	25	1	8	15	22	29		5	12	19	26	
Thursday		5	12	19	26	2	9	16	23	30		6	13	20	27	
Friday		6	13	20	27	3	10	17	24	31		7	14	21	28	
Saturday		7	14	21	28	4	11	18	25		1	8	15	22		
Sunday	1	8	15	22	29	5	12	19	26		2	9	16	23		
	Mar-25					Apr-25					May-25					
Monday		3	10	17	24	31		7	14	21	28		5	12	19	26
Tuesday		4	11	18	25	1	8	15	22	29		6	13	20	27	
Wednesday		5	12	19	26	2	9	16	23	30		7	14	21	28	
Thursday		6	13	20	27	3	10	17	24		1	8	15	22	29	
Friday		7	14	21	28	4	11	18	25		2	9	16	23	30	
Saturday	1	8	15	22	29	5	12	19	26		3	10	17	24	31	
Sunday	2	9	16	23	30	6	13	20	27		4	11	18	25		
	Jun-25					Jul-25					Aug-25					
Monday		2	9	16	23	30		7	14	21	28		4	11	18	25
Tuesday		3	10	17	24	1	8	15	22	29		5	12	19	26	
Wednesday		4	11	18	25	2	9	16	23	30		6	13	20	27	
Thursday		5	12	19	26	3	10	17	24	31		7	14	21	28	
Friday		6	13	20	27	4	11	18	25		1	8	15	22	29	
Saturday		7	14	21	28	5	12	19	26		2	9	16	23	30	
Sunday	1	8	15	22	29	6	13	20	27		3	10	17	24	31	

 INSET DAYS - SCHOOL CLOSED

 BANK HOLIDAYS

 SCHOOL HOLIDAYS



UNIVERSITY OF
OXFORD

TOPIC
The Oxford Psychological Interventions for Children
and Adolescents Research Group

OCD UK

Do you have upsetting thoughts or habits that won't go away?

We want to make things easier for children like you, and we need your help to do it!

If you're **between 5 and 14 years old**, and started having thoughts that get stuck or habits you need to do over and over when you were aged 5 to 12, **we'd love to talk to you!**



We want to find a way for **parents to help their children** who have similar thoughts and habits to you. **We'd love for you to help us!**

What's in it for me?

- ✓ **Fun online sessions:** Where you'll share your ideas on a programme designed to help with upsetting thoughts & habits.
- ✓ **Awesome rewards:** Earn £25 for each session!

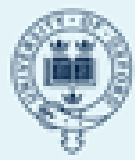
Scan here for more information!



For more information or to sign up, you and your parents can **scan the code** or send us an email - OCD-empower@psych.ox.ac.uk

We're excited to hear from you!





CALLING ALL PARENTS OF CHILDREN WITH OBSESSIVE COMPULSIVE SYMPTOMS/DISORDER (OCD)

Can you help us to develop a brief treatment to help parents support their child to overcome OCD?

We are looking for **parents of children (aged 5 to 12 years old)** with lived experience of OCD/OCD symptoms to attend a series of **6 online workshops**. These workshops aim to help us develop an online intervention focused on supporting parents to learn evidence-based tools to help their child to overcome OCD

We want to make sure the treatment works for as many families as possible, so are looking for parents that identify as being from one or more of the following groups:

- Parents in single-parent families
- Parents from minority ethnic groups
- Parents within low-income families
- Parents who have low levels of confidence/experience using technology



- ✓ Your child does **not** need a diagnosis of OCD
- ✓ You will be **paid for your time**
- ✓ **We can help** if you face difficulties in attending sessions, such as supporting you with costs and visiting you in your local community!

**SCAN FOR MORE
INFORMATION**

To register your interest please scan the QR code
or email OCD-empower@psych.ox.ac.uk.

(If you're not able to attend 6 workshops but are keen to help us - please still register your interest and we can find alternative ways that you can be involved!)



Make Managing your Money a reality

Take control of your finances
with **free** money coaching.

November 10th & 17th
11.30am - 2pm

Longfields Primary School

*Lunch and childcare
can be provided*

< Scan for more info
& to book your free place

