



Brookside Primary School

Learning for Life

Newsletter Spring Term 2025 - Issue 2

24th January 2025

www.brookside.oxon.sch.uk

Dear Parents/Carers,

As you will have seen in the letter emailed to you recently we are putting on a number of events where parents can come into school and visit your child's classroom and have the opportunity to see your child's work.

We are looking forward to our first event on Tuesday morning in Key Stage 1 and hope lots of parents of children in Year 1 and 2 can join us.

Reading for pleasure

It is always lovely to see a child immersed in a book and enjoying the escape of a story or fascinated by the information in a non-fiction book.

Please encourage your child to read at home every day as this will help to foster an enjoyment of books as well as helping to develop their reading fluency and vocabulary. If your child is a reluctant reader these tips will help them develop their reading skills: 1. Encourage your child to read. 2. Read aloud regularly. 3. Encourage reading choice. 4. Read together. 5. Create a comfortable environment. 6. [Make use of your local library](#). 7. Talk about books. 8. Bring reading to life. 9. Make reading active. 10. Engage your child in reading in a way that suits them.

Brookside's Big Book Swap

A reminder that we are still looking for donations of children's books for our Big Book Swap.

If you have any unwanted children's books that your own children have outgrown please bring them in so we can give them a new home with other pupils at Brookside. Please ensure that the books are in a reasonable condition. The books will be given out on World Book Day - March 7th.

Thank you so much for those of you that have already donated.

School Council PCSO visit

We recently had a visit from our local PCSOs, Sophie Pearce and Alison Dury. They told us all about their role as a PCSO and gave us an insight into their work in the community. We also had time to ask lots of questions. The officers were impressed with the quality of the questions and commented on how well the councillors represented the school.

Good job councillors, don't forget to share what you learned with your class and keep up the good work!



Football Report

Brookside girls took part in their first league match at home to Langford Village. Brookside dominated the game and took an early lead. The girls continued to take the game to Langford and deservedly got another goal before half time. Shooting down the slope bought more joy for Brookside and we went on to win the game 5-1. A fantastic performance with some great football on display. A great start to the season—well done girls.

Swimming Gala

Brookside took part in the year 5/6 Bicester Swimming Gala at Bicester Leisure Centre. The children raced against lots of other schools in Bicester. The girls managed to finish 4th overall and the boys 5th. The girls even managed to win the 25 metre medley race which was great to see. Special mention to Betsy and Sam who won both their races with very impressive performances.

Supervision before school

A reminder that children should not get to school too early before the doors open at 8:45 a.m. Children remain the responsibility of their parents/carers until they enter the school buildings.

Keeping Children Safe Online: THE DIGITAL DILEMMA

With Safer Internet Day looming, and this year's theme focusing on protecting yourself from online scams, Police Cyber Protect teams from the South East are running their **free** webinar for parents/carers several times in the coming weeks! The webinar covers social media, mobile phones, gaming and emails, and aims to help parents and carers understanding some of the risks young people face online, including how to spot phishing emails, texts and more. Attendees will be provided with advice and resources to help them better protect themselves and their family from falling victim to cybercriminal behaviours. Tickets to the webinars are available here: <https://www.eventbrite.com/cc/online-safety-for-parents-3386699>

NSPCC PANTS Assembly

On Wednesday next week, Key Stage 1 and Key Stage 2 pupils will attend an assembly run by the NSPCC as part of their PANTS programme. For more information about the PANTS programme [click here](#).

Diary Dates

Half Term - Monday 17th - Friday 21st February 2025

World Book Day at Brookside—Friday 7th March 2025

Parents' evenings—Tuesday 18th and Wednesday 19th March 2025

Class Photos—Wednesday 19th March 2025

End of Term - Friday 4th April 2025

Best wishes, Mr Cornell and the staff of Brookside



2025...

JANUARY

SALE!

SHOP HERE 

10% OFF EVERYTHING!

UNIFORM ✓
BAGS ✓
ACCESSORIES ✓
... & MORE!

With code: **JSP25**

24TH - 31ST JANUARY!



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10% OFF ALL SCHOOL UNIFORM & BAGS
on your schools Parent Online Page.

Find your school **HERE!** 

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10% OFF...

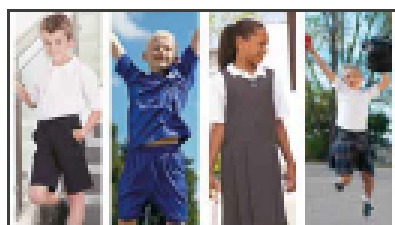
Our already heavily discounted non-logoed adults & children's clothing!

Shop **HERE!** 

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10% OFF...

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Find your school **HERE!** 

Enter code: **JSP25** at checkout

24TH - 31ST JANUARY!

www.mapac.com/education/parents

Online orders only. Not available in our on-site shop. Offer not available on online leavers hoodies.

How Nurturing Programme Parent Groups have helped other parents

"I am a much more confident, positive and understanding parent. I feel much more able to cope now."

"We are having less family arguments and the household is a lot calmer."

"The group was fun. It's the only two hours I have for myself each week."

"The atmosphere was really relaxed. No-one judged anyone and everyone was listened to and respected."



Check out emotionalhealth.org.uk for more information on *The Parenting Puzzle* book and The Nurturing Programme

The 10-week Nurturing Programme for parents and carers

Where:

Brookside Primary School, Bucknell Road, Bicester, OX26 2DB

This is a course for parents of pupils from Brookside, Launton and Longfields Schools

When:

The course will run from the 25th of February to the 13th of May every Tuesday (excluding the Easter Holidays) at 12.30pm- 2.30pm. Tea and coffee and biscuits will be available.

Contact details:

Please email familylinks@brookside.oxon.sch.uk to book your space.



emotionalhealth.org.uk
Registered charity 1062514



The Nurturing Programme

Information for Parents and carer

How to get the best out of family life



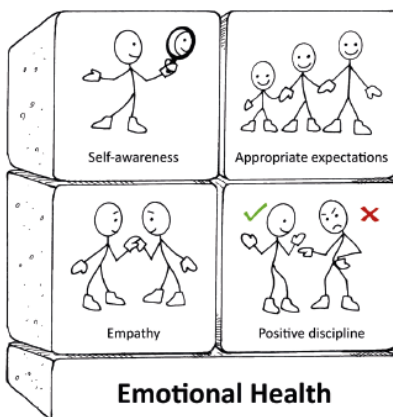
What is the Nurturing Programme?

Children are rewarding, stimulating and fun, but looking after them can be stressful and challenging.

The Nurturing Programme helps deal with those challenges so that you can have a calmer, happier life.

A tried and tested programme, it helps us think about what we do, why we do it and how it makes us feel.

The Four Constructs of the Nurturing Programme



© The Centre for Emotional Health 2024



What does it cover?

Over the 10-week Programme, you will look at lots of different topics, including:

Understanding why children behave as they do

Recognising the feelings behind behaviour (ours and theirs)

Exploring different approaches to discipline

Finding ways to develop co-operation and self-discipline in children

Learning the importance of looking after ourselves

Practical information

Partners are welcome and it's also fine to come on your own or with a relative or friend

There are ten 2-hour sessions with a tea and coffee break


8-10 parents are invited and there are two trained group leaders

Some groups provide a creche; check with group leaders beforehand

You need to come to all ten sessions as they fit together like a puzzle



PARENT WEBINAR



Parents are the most important part of young people's lives and hold the key to helping them. Let us help you, to help them.



CAMHS

Child and Adolescent
Mental Health Service

MENTAL HEALTH AWARENESS SESSIONS FOR
PARENTS AND CARERS



SUBJECTS INCLUDE

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD

GUITAR LESSONS

AT BROOKSIDE PRIMARY

From £6.80 per lesson

Dependent on group size

Families on certain benefits can apply for free music lessons by completing the 'help with payment' section of the sign-up form

**SIGN UP OR
FIND OUT MORE:**

www.oxfordshire.gov.uk/musicinterest



VIOLIN, VIOLA AND CELLO LESSONS

AT BROOKSIDE PRIMARY



ELITE **Ofsted**
Registered

ELITE CAMPS BICESTER

THE BICESTER SCHOOL, OX26 2NS



Date:
Mon 17th Feb - Fri 21st Feb



Times
9:00 - 15:30 or 8:30 - 17:00

Elite Activities

- Glow-In-The-Dark Dodgeball
- Nerf Wars
- Bubble Football
- Arts & Crafts
- Multiple sports and so much more...

BOOK NOW



01235 415 846
eliteyouthsports.co.uk


ELITE CAMPS



ELITE
YOUTH SPORTS

Ofsted
Registered

FEBRUARY 2025



The Bicester School, Bicester,
Queens Avenue, OX26 2NS

10% OFF WITH CODE

Code expires 5th Feb

NY10

Monday, 17th February - Friday, 21st February:

Extended Day (8:30am - 5:00pm)

Full Day (9:00am - 3:30pm)

Half Day for 4-Year-Olds (9:00am - 1:00pm)

Booking Options

- 🌐 Book online via eliteyouthsports.co.uk
- ✉ info@eliteyouthsports.co.uk
- 📞 01235 415846
- 💳 Cards | BACS | Childcare Vouchers and Tax Free Scheme



ELITE CAMPS

February Half Term

 The North Wall
Arts Centre



THEATRE

Ages 7-11

Belongings

21 - 22 February

11am & 2pm

Cleo arrives into a new home, unsure of what the future holds. She meets the playful Bertie, who brings her out of her shell, and Leila, who she has more in common with than she first thought.

Together they unite to discover a place called home, the value of play, and learn how to own their own stories.

Tickets £10 (£8 child)

NW Inventors

Ages 8-11

Street Dance Theatre Course

17 - 19 February

9am - 12pm

Enjoy learning some authentic street dance moves, find your groove and explore funky freestyle around Hip Hop, Locking, House and Breaking styles before combining this social, soulful dance style with physical storytelling to bring modern, upbeat scenes to the stage! Great music and good vibes guaranteed.

Tickets £60



Full bursaries available

Email Abie on waltona@thenorthwall.com to apply

Book now: thenorthwall.com



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the UK

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Your School Lunch

Let's Eat
• TOGETHER •

WEEK ONE 4th Nov, 25th Nov, 16th Dec, 20th Jan, 10th Feb, 10th March, 31st March, 5th May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Margherita Pizza (Cheese & Tomato) (V, EF)</p> <p>Veggie Fajitas (VG)</p> <p>Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)</p> <p>Sweetcorn & Baked Beans</p> <p>Chocolate Shortbread (V, DF, EF) with Melon</p>	<p>Traditional Cottage Pie (GF, EF)</p> <p>Veggie Cottage Pie (GF, EF)</p> <p>Tuna & Sweetcorn Bap (EF, DF)</p> <p>Broccoli & Vegetable Medley</p> <p>Strawberry Jelly (V, GF, DF, EF) with Peaches</p>	<p>Roast Loin of Pork (GF, DF, EF)</p> <p>Vegetarian Quorn Roast (V, GF)</p> <p>Oven Baked Jacket Potato with Cheese & Coleslaw (V, GF, EF)</p> <p>Roast Potatoes & Yorkshire Pudding with Gravy</p> <p>Savoy Cabbage & Carrots</p> <p>Cinnamon Cookie (V, DF, EF)</p>	<p>Chicken, Spinach & Tomato Pasta (EF, DF)</p> <p>Fruity Vegetable Curry & Rice (VG, GF)</p> <p>Cheddar Cheese & Lettuce Wrap (EF)</p> <p>Sweetcorn & Green Beans</p> <p>Vanilla Sponge Cake (V, DF)</p>	<p>Flipper Dippers (DF, EF)</p> <p>Veggie Sausage Roll (V, EF)</p> <p>Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)</p> <p>Chips or Pasta Peas & Baked Beans</p> <p>Strawberry Ice Cream (V, GF, EF)</p>

WEEK TWO 11th Nov, 2nd Dec, 6th Jan, 27th Jan, 24th Feb, 17th March, 21st April, 12th May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Margherita Pizza (Cheese & Tomato) (V, EF)</p> <p>Five Bean Chilli with Rice (VG, GF)</p> <p>Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)</p> <p>Peas & Baked Beans</p> <p>Lemon Drizzle Cake (V, DF)</p>	<p>Pork Sausages (EF)</p> <p>Veggie Sausage (VG)</p> <p>Ham Bap (V, DF)</p> <p>Mashed Potatoes, Curly Cabbage & Vegetable Medley</p> <p>Melting Moment (V, DF, EF) with Pineapple</p>	<p>Roast Chicken Breast (GF, DF, EF)</p> <p>Vegetarian Quorn Roast (V, GF)</p> <p>Oven Baked Jacket Potato with Cheese & Coleslaw (V, GF, EF)</p> <p>Yorkshire Pudding, Roast Potatoes & Gravy</p> <p>Carrots & Cauliflower</p> <p>Rice Crispy Cake (V, DF, EF)</p>	<p>Mac 'n' Cheese (V, EF)</p> <p>Pizza Pinwheel & New Potatoes (V, EF)</p> <p>Tuna & Cucumber Bap (EF, DF)</p> <p>Peas & Green Beans</p> <p>Shortbread (V, EF, DF) with an Orange Wedge</p>	<p>Flipper Dippers (DF, EF)</p> <p>Veggie Samosa's (VG)</p> <p>Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)</p> <p>French Fries or Pasta Baked Beans or Sweetcorn</p> <p>Ginger biscuit (V, EF, DF) & Raisins</p>

WEEK THREE 18th Nov, 9th Dec, 13th Jan, 3rd Feb, 3rd March, 24th March, 28th April, 19th May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Margherita Pizza (Cheese & Tomato) (EF, V)</p> <p>Veggie Nugget Wrap (DF, EF)</p> <p>Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)</p> <p>Sweetcorn & Baked Beans</p> <p>Sultana & Syrup Cookie (V, EF)</p>	<p>Meatballs in a Rich Tomato Sauce (GF, DF, EF)</p> <p>Veggie Meatballs in a Rich Tomato Sauce (VG)</p> <p>Salmon & Cucumber Pasta Salad (EF, DF)</p> <p>Fluffy Rice, Carrots & Peas</p> <p>Cranberry & Oat Biscuit (V, EF)</p>	<p>Roast British Gammon (GF, DF, EF)</p> <p>Vegetarian Quorn Roast (V, GF)</p> <p>Oven Baked Jacket Potato with Cheese & Coleslaw (V, GF, EF)</p> <p>Yorkshire Pudding, Roast Potatoes & Gravy</p> <p>Cauliflower & Green Beans</p> <p>Iced Sprinkle Cake (V, DF)</p>	<p>Oriental Chicken Noodles (DF)</p> <p>Rustic Tomato Pasta Bake (EF, DF)</p> <p>Cheddar Cheese & Cucumber Bap (EF)</p> <p>Broccoli & Sweetcorn</p> <p>Chocolate Sponge (V) with Pears</p>	<p>Battered Fish (DF, EF)</p> <p>Crispy Quorn Dippers (VG)</p> <p>Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)</p> <p>Chips or Pasta Peas & Baked Beans</p> <p>Rocket Lolly (VG, GF)</p>

Available daily – Natural yogurt, fresh fruit, fresh bread, salad bar and lots of fresh water!

Allergy advice - all our food is prepared in a kitchen where nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. Any fish we serve will vary depending on availability.

We only select fish from sustainable sources.

Suitable for vegetarians or vegetarian option available.

Our fish and chicken dishes may contain bones.

KEY:
V VEGETARIAN
VE VEGAN

EF EGG FREE
DF DAIRY FREE
GF GLUTEN FREE



OXFORDSHIRE
COUNTY COUNCIL